## LISTENING SKILLS WORKSHOP

A transformative workshop on listening skills was conducted on 25th October 2023 at C H Auditorium for the students of the Department of Psychology as part of observing World Mental Health Day 2023. The resource person, Jaseed P Beeran, Consultant Psychologist and Director of Aifer Education, led an engaging and interactive session that encompassed a spectrum of activities and in-depth case discussions, allowing students to tune up their listening skills and gain a deeper understanding of mental health concerns. The session received an overwhelmingly positive response from the students, emphasizing its importance in nurturing empathetic and attentive individuals in the realm of mental health.

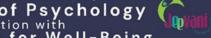


K.A.H.M UNITY WOMEN'S COLLEGE, MANJERI

Department of Psychology

In Association with

Jeevani Centre for Well-Being



DAY 3

## A WORKSHOP N LISTENING



Keynote Speaker:

## Jaseed P Beeran

Consultant Psychologist Director, Aifer Education



Wednesday, October 25 2023



( 10:30 AM - 12:30 PM

Thasneem Rahmathulla

Muheena Thasneem

FACULTY COORDINATOR JEEVANI COORDINATOR STUDENT COORDINATOR Nadha.P

