

LISTENING SKILLS WORKSHOP

A transformative workshop on listening skills was conducted on 25th October 2023 at C H Auditorium for the students of the Department of Psychology as part of observing World Mental Health Day 2023. The resource person, Jaseed P Beeran, Consultant Psychologist and Director of Aifer Education, led an engaging and interactive session that encompassed a spectrum of activities and in-depth case discussions, allowing students to tune up their listening skills and gain a deeper understanding of mental health concerns. The session received an overwhelmingly positive response from the students, emphasizing its importance in nurturing empathetic and attentive individuals in the realm of mental health.



K.A.H.M UNITY WOMEN'S COLLEGE, MANJERI
Department of Psychology
In Association with
Jeevani Centre for Well-Being



DAY 3

ELAYNE

Observing
World Mental Health Day

A WORKSHOP ON LISTENING



Keynote Speaker:

**Jaseed P
Beeran**

Consultant Psychologist
Director, Aifer Education



Wednesday, October 25
2023



10:30 AM – 12:30 PM

FACULTY COORDINATOR
Thasneem Rahmathulla

JEEVANI COORDINATOR
Muheena Thasneem

STUDENT COORDINATOR
Nadha.P



 GPS Map Camera



Google

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